

YOUNG PERSON'S HANDBOOK



ABBEY LODGE

185 Abbey Road, Barrow-in-Furness. Cumbria LA14 5JD



Come inside and see what you think!



A very warm welcome to Abbey Lodge Children's Home.

We are a 4 bedroomed children's home in Barrow-in-furness.

There is lots to do in Barrow and the surrounding area. We want to support you to access the things you enjoy to do.

We understand that you may feel nervous, scared or angry when you first arrive at Abbey Lodge. Staff are here to support you through how your feeling and help you settle in. When you arrive you will be assigned a key worker. This is someone who works closely with you one to one to dicuss whats important to you and how we can make your stay as comfortable as possible. The most important thing is that you feel that your voice is heard and we will work together with you to achieve that.



Have your say!

Here at Abbey Lodge, what you think is very important to us. It is your home and we want you to contribute to every aspect of it.



House meetings are held to discuss anything within the home that you are not happy with or you feel needs improving. It does not always have to be about the home, you can even discuss what activities you would like to do on a weekend or in the school holidays.

Other professionals you can speak to are NYAS. These are independent advocates that come to Abbey Lodge once a month to see how you are getting on and that your happy. They can also help you with any issues you may have.



....Now the important part!

You will receive your allowance every week on a Friday. You receive allowances for different things and how much you get depends on your age.

Age	Pocket money	Clothing Money	Gift Allowance every 12 months
11-12	£4.65	£10.65	£70.65
13-14	£5.90	£13.25	£94.15
15-16	£8.25	£17.90	£94.15
17+	£9.40	£17.90	£94.15

You will also receive £10.00 a month to buy all your toiletries



Sorry guys, there's one condition... Your room has to be tidy before you get this!





We all have something that we're good at, or like to do. We want to support you to do activities that you enjoy.

When you come to Abbey Lodge, we will sit with you and discuss what your weekly targets will be. Each target you hit will have a money value. This is all added up at the end of the week and used as your activity money. This could be a trip to the cinema, or making crafts. If you fancy doing something bigger, you may wish to save your money for a few weeks. For the girls this could be a pamper day at a salon. Or for boys, it could be go-carting. It really is your choice!

Every school holiday, Abbey Lodge likes to keep you busy with lots of trips out.

How would you like skiing at The Chill Factor? Or riding the water slides in The Sandcastle? Whatever the activity it's.....





Having friends is something that we all need.

Abbey Lodge would love you to have your friends round for a game of pool in the games room or stay for tea.

We have a communal computer that you can use to chat to your friends. As there is other young people at Abbey Lodge. We have a rota so it's fair for everyone.



It is important that you stay safe whilst using the internet and not speak to anyone you don't know. Abbey Lodge can help you to keep yourself safe.

LET US KNOW!

We do understand that sometimes. You may not be happy with us and you may feel like you need to make a complaint.

This is ok and you have a right to be heard about what you are unhappy with. Knowing what doesn't make you happy helps us to support you better. The complaint process will be explained to you by your key worker when you arrive at Abbey Lodge.

We will deal with your complaint as quickly as possible and will try our best to resolve your issue.



THE GOING STUFF...

As we are a Children's Home. There is certain health and safety laws that we have to stick to. I know, it's a pain. But we have to keep you safe!

We have to check our fire equipment every week. You will always be told when it is a practice. There will be a fire drill every month and you won't know when this is. You will be shown the fire evacuation route when you come to Abbey Lodge.

Always remember ... it might not be a practice!

Please also remember never to leave any of your items on the stairs or in other people walk ways. We don't want anyone tripping.



You will also hear the word "risk assessment" a lot. We have to compile a risk assessment whenever you are doing an activity that's new or maybe staying over at a friend's house. It doesn't affect you. It's just something that we have to do to ensure that we keep you safe.

THATS ALL FOR NOW ...

We hope that this guide has given you a little bit of information about Abbey Lodge and what we are about.

If you have any questions please feel free to come and chat to any of us anytime.

We hope that you settle in quickly and feel comfortable within your surroundings. And remember, there is always someone on hand to chat if you are feeling a little overwhelmed or unhappy.

We will support you in every way we can to enable you to be the best you can be. You are in charge of your future and together we can make it a good one!

I AM GOING TO MISS ALL THE STAFF. THEY HELPED ME ALOT

I LIKE ALL THE FUN ACTIVITIES



MY KEY WORKER DOES MY HEAD IN, BUT I KNOW SHE CARES

THE STAFF LISTEN TO WHAT I WANT AND HOW I FEEL

